



Ankeny Booster Club presents Jaguar Running Club

Monday & Thursday, March 19-May 21, 2018
3:55-5:00 pm, Prairie Ridge MS
Grades 4-7 Boys and Girls



Check out these smiling teammates at a Spring 2017 Jaguar Running Club practice. Over 60 runners enrolled in the Spring 2017 Jaguar Running Club, and 39 had 90% or better attendance over ten weeks! Come run with friends after school!



8th Grade Jaguar Boys Cross Country Coaches Jim Robidoux and Doug Mackey coach a ten-week, weekday spring running club for boys and girls grades 4-7 who wish to improve their **mile time** and **times for other distance running events**. It takes progression over a season to develop as a distance runner. We will practice and play together to prepare for the Drake Grand Blue Mile (April 24) and for numerous May events like the Ankeny Live Healthy Iowa Track Meet, the Crocker Sparkle Run, the 7th Grade Middle School State Track Meet, the 5th Grade Elementary Track Meets, Ankeny Mile after Mile (late May), and other spring and summer triathlons, road races, and track meets.

All participants will receive a gray Jaguar Running Club t-shirt. Teammates who attend at least 17 practices or events will earn an incentive award. Participation is limited to 70 runners. We welcome all Ankeny students Hawks and Jaguars to join our club!

There is a link to a full practice and race schedule at Coach Robidoux's Southview school website or at the NV website under Activities-MS Boys Sports-Cross Country. **Happy Running!**

Jim Robidoux, jim.robidoux@ankenyschools.org, (515) 965-9635, Southview MS Spanish

GRADES	TIME	DAY	DATE	LOCATION	FEE	REGISTER
4th - 7th Grades	3:55pm - 5:00pm	Mon & Thu	March 19 - May 21	Prairie Ridge NE Gym Doors	\$80	REGISTER

This is not a school district publication. It is being distributed through the school district as a community service to inform you of other community activities or services.